

Clarifying the types of assisted living at Shorehaven:

Assisted Living – RCAC, CBRF and CBRF-MC are all types of assisted living facilities where the residential environments are designed to enhance the independence of their senior populations. Supportive services are offered in each to ensure individual resident's needs are met. These services usually include help with activities of daily living, meal options, an activity program, health monitoring and daily medication management. When a person can no longer live independently but does not need the skilled services of a nursing home or hospital, assisted living is a perfect option.

A Residential Care Apartment Complex (RCAC) provides residents with independent apartments, all of which have an individual lockable entrance, a kitchenette, sleeping and living areas, and a private bathroom with a shower. Personal, supportive and nursing services are available up to 28 hours per week to meet the needs, abilities and preferences of individual residents. RCACs focus on protecting residents' rights, respecting their privacy, and enhancing their independence. Care staff are on site at all times though the residents require minimal supervision.

Shorehaven offers various sized apartments for different preferences. A Community Based Residential Facility (CBRF) provides the next level of support from the RCAC. Shorehaven's supportive, protective and supervisory services allow an individual to live in a smaller, homelike environment. Shorehaven's CBRFs are devoted specifically to dementia/memory care or the older adult needing more physical assistance. CBRFs help residents maintain or gain functional independence in a setting that allows freedom while ensuring personal safety. Up to three hours of nursing care per week may be provided. Care staff are on the household at all times. Our CBRF apartments do not have kitchenettes and the Spa/Shower Room is shared among residents.



NOTE: Shorehaven's CBRFs and RCACs differ in the types of regulations imposed by the state. RCACs generally have greater latitude in operational decisions and policies. CBRFs are surveyed on a scheduled basis, while RCACs have surveys but do not have a specific schedule. Shorehaven's CBRFs are licensed and certified. Our RCAC is certified (certification allows for Medicaid billing),

Each CBRF and RCAC may differ in the specific services they offer. Shorehaven's CBRF Memory Care specializes in caring for persons with various dementias, most commonly Alzheimer's Disease, Parkinson's Dementia or Vascular Dementia (dementia caused by strokes). Our CBRF Hillside is licensed as "Frail and Elderly." This CBRF specializes in those older adults who require more physical assistance without the increased support needed for those with cognitive impairment. While Hillside and Memory Care provide the same type of care, memory care assistance is a more intense level of support. A person with dementia may require 40 minutes of caregiver assistance to dress and bathe, versus ten minutes for someone not experiencing cognitive impairment. The person with memory impairment needs 24/7 supervision and support for safety rather than the less intense supervision required in the CBRF for the older adult.

Each person is unique. Our nurses will do an assessment to determine which level is the right one for the person's needs. Our goal is to have the least restrictive environment that ensures the greatest safety where each person can thrive to their fullest extent.