

READY YET I WILL TRY TO FLY MY EYES CAN'T SEE MY ARMS CAN'T REACH I NEED STRENGTH WHEN I'M WEAK I NEED YOUR FAITH IN ME DON'T WALK IN FRONT OF ME I WAS NOT BORN TO FOLLOW DON'T WALK BEHIND ME



HEART OF TOWN? CAN YOU HEAR A LARK IN ANY OTHER PART OF TOWN? DOES ENCHANTMENT POUR OUT OF EVERY

#### The Hands of Christ

Staffing was a struggle at times. Just as other employers are faced with the task of recruiting and retaining high quality staff, LHO was not exempt from that same challenge. Finding quality people to fill positions in nursing, linen services and food service were sometimes difficult. There are always blessings in adversity was able to relook at some of the things that were done in these areas and made changes to work more efficiently with less people for a period of time.

THE PREVIOUS PARAGRAPH was written in the 1997 Annual Report of LHO recapping that year. As you can see, in 26 years not much has changed. We still are in need of staff and we are still looking for ways of being more efficient with the staff that we have. Much of 2022 was spent working with architects in developing a plan that would both refresh our 2005 nursing home and provide added efficiencies within households and neighborhoods. We know that we need to make the workload easier for the staff that we do employ. We know we need to provide an attractive platform for future staff, while providing a home to our residents. We look forward to sharing the results of that planning with you in 2023.

84 years ago our founders had a vision that creating an environment that would Reflect Christ's Love would be the right thing for the Oconomowoc area. They were correct. Shorehaven continues to be the facility of choice in the Oconomowoc area, providing quality and cost- effective services to our residents. We are indeed the hands of Christ in the services we provide.

Thank you,

Dale Dahlke, Chief Executive Officer

For surely I know the plans I have for you, says the Lord, plans for your welfare and not for harm, to give you a future with hope.

Jeremiah 29:11



RAISE ME UP

#### Better serving our community

**Everyone's lives have changed** dramatically the last couple of years, and at Shorehaven we're no exception. This year showed us that each challenge is an opportunity in disguise. The pandemic continues to follow us with supply chain barriers and staffing challenges. But our driving force continues to be our mission of reflecting Christ's love, and staff continually show their love for our residents and work together to respond to those challenges.

In the beginning of 2022 we held listening sessions focusing on the ideas and concerns from residents, families, staff, the board of directors and the community. With this crucial input, we developed a plan to launch our skilled nursing and rehab into the future. We decided to integrate developing technology and modify our current layout to better serve our community.

Our next assignment? To review other campus areas to expand our offerings and better serve the needs of our campus and community. I am grateful for the challenges we've overcome this year and look forward to working together in the coming years to further our mission.





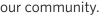


TO EVERYTHING TURN, TURN, TURN THERE IS A SEASON TURN, TURN, TURN AND A TIME TO EVERY PURPOSE UNDER HEAVEN A TIME TO BE BORN, A TIME TO DIE A TIME TO PLANT, A TIME TO REAP A TIME TO KILL, A TIME TO HEAL A TIME TO LAUGH, A TIME TO WEEP TO EVERYTHING TURN, TURN, TURN THERE IS A SEASON TURN, TURN, TURN

#### Outward and Inward

One way worship can be understood, is that it is an opportunity for individuals to gather into community and have their faith, their outlook, their perspective be rejuvenated and refreshed. This past year, perhaps in much the same way, the physical space of our chapel was rejuvenated and refreshed to reflect the love and light of Christ that radiates within our community, and the love and light of Christ that radiates outward from our community. The chapel welcomed three large new stained-glass windows featuring the theme of "The Tree of Life." In addition, we "baptized" the walls and floor with fresh paint and complimentary carpet.

The worshipping space now more accurately reflects the transforming, rejuvenating, and refreshing work that Christ is reflecting within our community.





"Reflecting the love and light of Christ that radiates within our community."

Chaplain Nick Slater

#### AMAZING GRACE $_{4}$

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#### Passion and perseverance

**The volunteers have persevered** through the challenges of 2022.

Those challenges gave us the opportunity to reflect, evaluate and define our work in order to better meet the needs of residents and staff.

The combination of passion and perseverance is grit, or strength of character. Our volunteers exercise grit in each task they perform. They understand and are dedicated to the impact they make in Shorehaven's mission.

Our team of volunteers are stronger because we have faced challenges together. With grace and compassion we have conquered problems, improved communication and have concentrated on sharing the strengths, gifts, and talents of each volunteer. We have enhanced the lives of both residents and volunteers.

While it is heartwarming to reflect and rejoice on 2022 accomplishments, our work is not yet completed. There are many opportunities for new and current volunteers. If you have not joined our league of amazing volunteers now is the time. A way to begin volunteering is

simple: start where you are, use what you have, and do what you can. Volunteer applications are available at https://shorehavenliving.org/service-league-of-volunteers/

"Start where you are, use what you have, and do what you can."

Manager of Volunteer Services Kris Gallert







STAND BY ME

WHEN THE NIGHT HAS COME AND THE LAND IS DARK AND THE MOON IS THE ONLY LIGHT WE'LL SEE NO, I WON'T BE AFRAID NO, I WON'T BE AFRAID JUST AS LONG AS YOU STAND STAND BY ME SO DARLIN', DARLIN', STAND BY ME OH, STAND BY ME OH, STAND STAND BY ME, STAND BY ME IF THE SKY THAT WE LOOK UPON SHOULD TUMBLE AND

#### Diving deep with OmiVista

Memory care erupts with laughter these days when residents gather around the newly acquired OmiVista system. OmiVista is an interactive floor and table projector system that responds to gesture and movement, creating dynamic images on any surface including floors, tables, and overbed tables. The system was purchased through a Balg grant, designed to enhance resident lives.

"The staff is enjoying it as much as the residents," explained resident care manager Jan Zimmerman. "Residents recall their childhoods through the baking, fishing, farming, undersea and star gazing programs. Staff learn more about the individual resident, and there is immediate, spontaneous engagement. It's a stimulating sensory adventure for both residents and staff."

Zimmerman described how OmiVista sparks more creativity, verbalization, descreases behavioral episodes, and offers households "something to look forward to."

"It's so easy, too. Staff just set it up, pull residents up to the table and turn it on. And then the magic happens."

Residents refine skills including fine and gross motor maintenance, range of motion, color identification, depth perception, recall and reaction times. Exercises involve reminiscing, competition, language and mathematics components. "Many executive functions are addressed through interactive play with OmiVista," said Zimmerman. "Plus, it's just plain fun."

"It's a stimulating sensory adventure for both residents and staff."

Resident care manager Jan Zimmerman



### FLY ME TO THE MOON

FLY ME TO THE MOON LET ME PLAY AMONG THE STARS LET ME SEE WHAT SPRING IS LIKE ON A-JUPITER AND MARS IN OTHER WORDS, HOLD MY HAND IN OTHER WORDS, BABY, KISS ME FILL MY HEART WITH SONG AND LET ME SING FOR EVER MORE YOU ARE ALL I LONG FOR ALL I WORSHIP AND ADORE IN OTHER WORDS, PLEASE BE TRUE IN OTHER

#### A shared community



Shorehaven Strength and Fitness Center strives to provide a welcoming supportive community to help individuals not only meet their physical goals but also maintain and improve their social emotional health through a shared community. Shorehaven Strength and Fitness Center is currently a SilverSneakers Flex facility as well as a ReNew Active Participating location. Currently the fitness center has more than 30 classes that run every week with varying teaching styles and fitness goals. Classes include, but are not limited to, line dancing, water aerobics, yoga and strength and conditioning. Fitness center staff is also utilized to teach resident only classes. The center serves more than 300 people, including members and participants. "Not only are our 50+ members exercising, they're creating community every time they walk in the center," said Fitness Center manager Kira Grosenick.

Fitness Center member Patti Prestash noted, "I love the fitness center! It offers something for just about everyone: Fitness classes, yoga, a workout room with weight machines and cardio equipment, and water aerobics as well as open swim times in the beautiful pool. I take several classes each week with instructors who make it a fun way to burn calories and challenge myself!"



"Not only are our 50+ members exercising, they're creating community every time they walk in the center."

> Fitness Center manager Kira Grosenick

#### Thriving capabilities

**Life@Home staff provided** services for seniors both on the Shorehaven campus and in surrounding communities. Coordinator Jamie Milaeger reported that staff completed 4,955.8 hours of service, performed 214 drop ins on Shorehaven's campus, and fielded 1,979 total calls regarding multiple resources in Waukesha, Jefferson, Dodge, Dane and Walworth counties. Staff completed 268 assessments and in person meetings, answered 754 questions about general Shorehaven living questions, 461 questions regarding Life@Home services, 166 calls regarding the Helping Hands chore program, 501 calls on area community resources, and 140 calls regarding the Alzheimer's Caregiver Support Group. The last two years have been hard on all of us but the Life@Home team stepped up to provide the compassionate care that Shorehaven strives to give. We came together as a community during the pandemic and ensured the mission of Shorehaven was always at the front of our minds and demonstrated in our care.

"Life@Home gave us the ability to allow my parents to stay where they wanted to stay for as long as they could."

Life@Home client's family member

A client's family member stated, "Life@Home gave us the ability to allow my parents to stay where they wanted to stay for as long as they could. Knowing they are there for them allowed us to feel confident they are cared for and monitored, especially since all of us children live in different states. We are grateful of this service."

#### **Center for Life Enrichment**

The Center put Oconomowoc High School students to work leading TED Talks, offering device help and sharing intergenerational bonds. The Center offered wine and cheese tastings, live music, historical tributes, veterans' recognitions and even the string sounds of a self-made ukulele band.

WANT TO HOLD YOUR HAND



# Crazy little thing called love (yeah, yeah)

"It's really the actual love staff show daily toward my father that creates a sense of peace for us as a family. You know at 2 in the morning he will be cared for."

Family member Lynn Zwaska



# CKAZY LILLE IHING CALLED LOWE

CRAZY LITTLE THING CALLED LOVE THIS THING (THIS THING CALLED LOVE I MUST GET 'ROUND TO IT I AIN'T READY CRADLE ALL NIGHT IT SWINGS (WOO), IT JIVES (WOO) SHAKES ALL OVER LIKE A JELLYFISH I KINDA LIKE IT CRAZY LITTLE



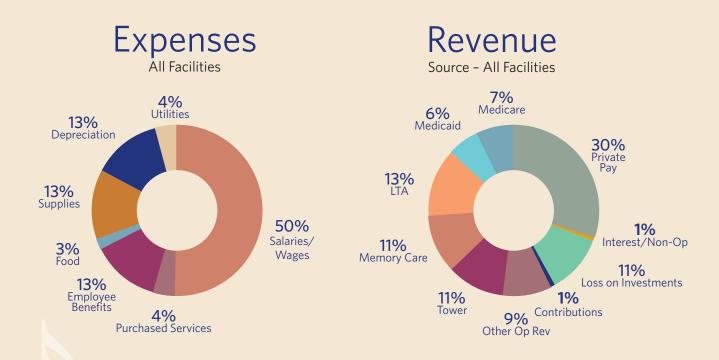
OH! OHHHH, YEEEH I USED TO THINK MAYBE YOU LOVED ME NOW BABY I'M SURE AND I JUST CAN'T WAIT TILL THE DAY WHEN YOU KNOCK ON MY DOOR NOW EVERYTIME I GO FOR THE MAILBOX, GOTTA HOLD MYSELF DOWN 'CAUSE I JUST CAN'T WAIT TILL YOU WRITE ME YOU'RE COMING AROUND I'M WALKING ON SUNSHINE, WOOAH I'M

#### Every gift matters.

Shorehaven is a not-for-profit organization committed to caring for the physical, emotional, and spiritual well-being of older Americans. 100% of your gift will provide a home and/or support services to seniors in our community.

Shorehaven's Charitable Foundation is the heart of Shorehaven's legacy. Supporting this foundation helps Shorehaven pay for homes and resources for our seniors who outlive their finances. Financial gifts to this ministry support the legacy our founders chartered more than 80 years ago, leading us into the future.

"Where your treasure is, there your heart will be also." - Luke 12:34



Built on a faith-filled foundation. Moving forward through innovation. Grounded in compassion and care for our community. Since 1939, Shorehaven has earned the trust of older adults, family members and the community. Shorehaven continues to stay ahead of senior trends, while wrapping its arms around those right at home. Shorehaven continues our Founders' mission, "Reflecting Christ's love, we provide homes and resources for seniors."

Thank you for keeping Shorehaven in your hearts and prayers this past year.

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## TAKING CARE OF BUSINESS

AND I BE TAKING CARE OF BUSINESS (EVERY DAY)TAKING CARE OF BUSINESS (EVERY WAY) I'VE BEEN TAKING CARE OF BUSINESS (IT'S ALL MINE)TAKING CARE OF BUSINESS AND WORKING OVERTIME, TAKE CARE TAKIN' CARE OF BUSINESS, WHOO TAKIN' CARE OF BUSINESS TAKIN' CARE OF BUSINESS WE BE TAKIN' CARE OF BUSINESS WE BE