




Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 	2 CLOSED 	3 Lunch Burger Special Mushroom & Muenster burger on a bun w/crispy onions, chips or cottage cheese or applesauce and a cookie \$12.00 All Day Special Beef pot roast with mashed potatoes & gravy and green beans \$14.00	4 Lunch Breakfast Special Scrambled eggs benedict on toast rounds with ham & hollandaise sauce and fresh fruit \$12.00 All Day Special Chicken breast topped w/ broccoli & cheddar cheese sauce, with smoked paprika and red potatoes \$14.00	5 Lunch Sandwich Special Sloppy Joe melt on sourdough w/American cheese, pickles, chips and a brownie \$12.00 All Day Special Pork egg rolls w/Asian veggies, ginger rice, crispy wontons, and sweet & sour sauce \$14.00	6 Lunch Sandwich Special Fried perch sandwich on a hoagie w/lettuce, tomato, onion & side of tartar, chips or cottage cheese or applesauce and a cookie \$12.00 All Day Special Spinach stuffed salmon w/ hollandaise sauce, potato choice, coleslaw & rye bread \$16.00	7 Closed for Lunch Dinner Only Special Cheesy parmesan meatballs with marinara sauce & mozzarella, atop stuffed pasta shells with garlic bread and mixed veggies \$14.00
8 	9 Lunch Wrap Special Honey mustard chicken wrap w/lettuce, tomato, onion, chips or cottage cheese or applesauce and a lemon bar \$12.00 All Day Special Beef fajitas w/bell peppers & onions, on flour tortillas, with fiesta rice, salsa and corn casserole \$14.00	10 Lunch Sandwich Special Spinach blueberry chicken salad w/pecans, red onion & tomato, raspberry vinaigrette and a lemon bar \$12.00 All Day Special Apricot glazed pork tenderloin with Yukon gold potatoes and asparagus \$14.00	11 Lunch Burger Special Fried egg burger w/bacon & grilled onions, chips or applesauce or cottage cheese and a cookie \$12.00 All Day Special Ham & Swiss quiche with hash browns, fresh fruit and a buttermilk biscuit \$13.00	12 Lunch Sandwich Special Avocado BLT on wheat toast, chips or cottage cheese or applesauce and a brownie \$12.00 All Day Special Chicken pot pie with peas, carrots, potatoes, and a flaky puff pastry crust \$13.00	13 Lunch Sandwich Special Tuna melt on wheat w/ tomato, chips or cottage cheese or applesauce and a brownie \$12.00 All Day Special Captain's platter—fried cod, calamari & shrimp w/potato choice, coleslaw, and rye bread \$15.00	14 Closed for Lunch Dinner Only Special Amanda's famous ground beef wellington wrapped in a puff pastry shell with mashed potatoes, gravy and buttered corn \$14.00
15 	16 Lunch Burger Special Teriyaki turkey burger w/ grilled pineapple & crispy onions, cottage cheese or chips or applesauce and a cookie \$12.00 All Day Special Chicken etouffee with mild creole sauce over dirty rice with green beans & cornbread \$14.00	17 Lunch Wrap Special Shrimp Caesar wrap w/ romaine, tomatoes, fried shrimp & Caesar dressing, with a lemon bar \$12.00 All Day Special Steak alfredo w/sliced sirloin, penne pasta, broccoli, alfredo sauce and garlic bread \$15.00	18 Lunch Breakfast Special Warm apple turnover with scrambled eggs, fresh fruit and bacon \$12.00 All Day Special Sliced turkey breast with mashed potatoes & gravy, cranberry relish, and roasted root vegetables \$14.00	19 Lunch Sandwich Special Chicken salad sandwich on sourdough toast w/lettuce, tomato, chips or applesauce or cottage cheese and a brownie \$12.00 All Day Special Grilled pork chop w/roasted tomatoes, balsamic reduction & feta, wild rice blend and carrots \$14.00	20 Lunch Sandwich Special Alaskan Pollock sandwich on rye w/coleslaw, tomatoes & tartar sauce, chips or cottage cheese or applesauce and a cookie \$12.00 All Day Special Crab stuffed orange roughy w/ béarnaise sauce, potato choice, coleslaw & rye bread \$18.00	21 Closed for Lunch Dinner Only Special Stuffed cabbage rolls with red sauce, white rice, and green beans \$13.00
22 	23 Lunch Burger Special BBQ bison burger on a bun w/ crispy onions & cheddar, applesauce or cottage cheese or chips and a cookie \$13.00 All Day Special Boneless pork piccata w/ lemon, capers, onions, wild rice blend and butternut squash \$14.00	24 Lunch Sandwich Special Egg salad sandwich on toasted wheat w/lettuce, tomato, applesauce or chips or cottage cheese and a cookie \$12.00 All Day Special Breakfast for dinner buffet French toast, pancakes, eggs, sausage, bacon, fruit, pastries & more \$14.00 NO MENU ITEMS	25 Lunch Breakfast Special Bacon, egg & cheese bagel, with fresh fruit and a cookie \$11.00 All Day Special Chicken & eggplant parmesan with red sauce, atop egg noodles, with garlic bread \$14.00	26 Lunch Sandwich Special Hot ham & Swiss sandwich on grilled sourdough w/tomato, chips or cottage cheese or applesauce and a brownie \$12.00 All Day Special Steak stir fry with Asian vegetables, cashews, crispy wontons, and rice \$14.00	27 Lunch Sandwich Special Shrimp po'boy on a hoagie w/ lettuce, tomato, remoulade, onion, chips or cottage cheese or applesauce and a brownie \$12.00 All Day Special Fresh farm raised tilapia, pan seared with lemon, caramelized onions & bacon, potato choice, coleslaw & rye bread \$15.00	28 Closed for Lunch Dinner Only Special Smoked pork chop with roasted apples, mashed acorn squash and steamed spinach \$14.00
29 	30 Lunch Sandwich Special Turkey melt with bacon, cheddar & tomato on sourdough with applesauce or cottage cheese or chips and a rice crispy bar \$12.00 All Day Special Steak stir in a bread bowl with potatoes, peas, carrots, and onions \$13.00	Sundae of the Month Salted Caramel Apple Sundae— A junior sized sundae made with salted caramel ice cream, sliced apple topping, glazed pecans, caramel sauce, whipped cream and a cherry on top! \$4.00 		Rockwell's Specials Menu-September 2024 Lunch 11:30am-1pm; Dinner 5-6:30pm (Fridays dinner is served until 7pm) Reservations Appreciated. Call Ahead for Pick-Up or Dine-In. Place an order by 10:30am for pick-up or dine in from 11:30-1:00pm M-F Place an order by 3:30pm for pick-up or dine in 5:00-6:30pm M-Sa Monday-Saturday call 354-1365 or ext. 3258		